**About Me Cheat Sheet V2**

“You are worthy of opportunities.”

Date:

**School:**

[What school did you go to, what is your GPA (maybe you have more than one list all), what clubs or classes did you do that stand out, what teacher did you like and why?]

**Volunteer Work:**

[Dates of volunteer work, number of hours per week, or month, why did you do this work?]

**Work:**

[Dates of employment, what were your responsibilities, how many hours per week or month?]

**Potential Recommenders:**

[Name, phone number, email address, how you know them]

**Background:**

[Write down what makes you stand out from others, the most unusual things about you. Your story.]

**Adversities:**

[What are some struggles you have dealt with, why, how did/ are you moving past it? i.e. Being indigenous, having a disability, growing up poor, experiencing a death, a disappointment, etc.]

**Inspiration:**

**[**Encouraging words others have said to or about you over the years? Write the actual words, the time, and place you heard them. Who has inspired you, your teacher, family, athlete? Why?]

**Leadership:**

[When have you been placed in a leadership role? How did you get there? What did you learn about leadership being in that role? This could even be being a role model to a cousin]

**Lessons Learned:**

[List three times you failed at a task or a goal. Why did the failure happen and what responsibility did you have? What was the result? Most importantly how did you overcome the failure and what did you learn from it?]

1.

2.

3.

**Current Goals:**

[What do you want your future to look like?]

1-year plan:

5-year plan:

10-year plan:

General Goals:

**Past** **Awards:**

[How much if a scholarship, description of award, how many people won it, year won?]